

AIKIDO SEMINAR REGULATIONS | Shin Dojo's 25th Anniversary
Christian Tissier & Yoko Okamoto, Suchy Las, November 18-19, 2023

The following regulations apply unconditionally to all seminar participants and aim to ensure everyone's safety throughout the event.

1. The participation in the seminar implies the acceptance of the seminar's regulations.
2. Basic rules of aikido etiquette are to be applied on dojo premises (GOSiR facility in Suchy Las).
3. **All participants are required to possess a valid admission ticket for given training sessions.**
4. Throughout the training sessions pay special attention to your own safety as well as to the safety of your partner and other seminar participants. We all share a duty of care.
5. The organizers are neither liable nor responsible for any injuries occurring during the seminar.
6. The organizers are neither liable nor responsible for any lost items lost during the seminar.
7. **Smoking is absolutely prohibited throughout the entire dojo facility. This applies to all kinds of smoking: tobacco, weed, e-cigarettes et altera. Please note that there are fire sensors and smoke detectors placed throughout the building. Triggering of the fire alarm notifies the fire brigade automatically. All false-alarm costs will be charged to the person that caused the alarm.**
8. **Alcohol consumption is strictly prohibited throughout the dojo facility.**
9. It is forbidden to consume meals on the tatami.
10. Any damage noticed on dojo premises (gym equipment, sanitary facilities, et altera) should be reported to the seminar organizers as soon as possible.
11. Please keep the facility clean and tidy..
12. Please report any problems to the seminar organizers.

ACCOMMODATION

13. The overnight stay on the tatami from Saturday to Sunday (18-19 Nov) **is free of charge.**
14. Participants sleeping on the tatami are obliged to comply with regulations of the Municipal Sports Center in Suchy Las (GOSiR facility) and these seminar regulations.
15. Participants sleeping in the dojo are obliged to appear in the facility by latest at 11 PM (23:00 hours) using **ENTRANCE "A"**. After the deadline the entrance to the facility will be closed for the night.
16. All participants staying overnight in the dojo are obliged to obey the instructions of designated Security Service members. In case of lack of compliance with these regulations or lack of cooperation with the organizers, police will be called to the seminar premises.
17. Quiet hours apply from 11 PM (23.00) to 7 AM (7:00) on the next day.
18. On Sunday morning we ask everyone to vacate the tatami by 7:30 AM due to the necessity to prepare the dojo for the Sunday training sessions.

Contact number for dojo accommodation: Wiktor +48 888 570 499



SuchyLas
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